Planned Program Content Sheet



Synchronized Skating

Please fill in with type or write in capital letters!

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☐ Senio	rISU	☐ Senior Elite 12	☐ Junio	r ISU	☐ Advanced Novice
☐ Senior B		☐ Junior B	☐ Mixed	d Age	
☐ Basic	Novice	☐ Juvenile	☐ Adult		☐ Masters
☐ Swiss Championships ☐ Test Skate		☐ Other Competition:			
Team					
Club					
Coach					
Assistant Coach(es)					
Team Manager					
ELEMENTS IN ORDER OF SKATING					
1	Element	s Short Program	4	Eleme	nts Free Skating
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12			12		
13			13		
14			14		
15			15		

Date: Name: E-Mail: Signature: